**PERSONAL DEVOTION**

Jesus showed his love for others as no one else ever has. Not only did He die for us, He showed His love in His daily life on earth.

* Look for examples in the Bible of how Jesus showed people that He valued them – hanging out with sinners, healing the lepers, and more. How can you reflect Christ in your own life?
* Is high self-esteem a good thing? Why, why not?
  + After writing your answer read the following Bible verses
    - James 4.6
    - Luke 17:10
    - Philippians 2.3
    - Romans 12.3

How do these verses impact your answer?

* Is low self-esteem a bad thing? Why, why not?
  + After writing your answer read the following Bible verses
    - 2 Cor 4.8-10
    - 2 Cor 6.4-7
    - How do these verses impact your answer?
* Look up and write down the value of “esteem”
* Read:
  + Galatians 2:20
  + Ephesians 4:22-24
  + Luke 9:23-24
  + Romans 12:1-2
  + John 3:30

What do they say about how we are to think of “self”? What do these verses say about self-esteem (also called self-value)?